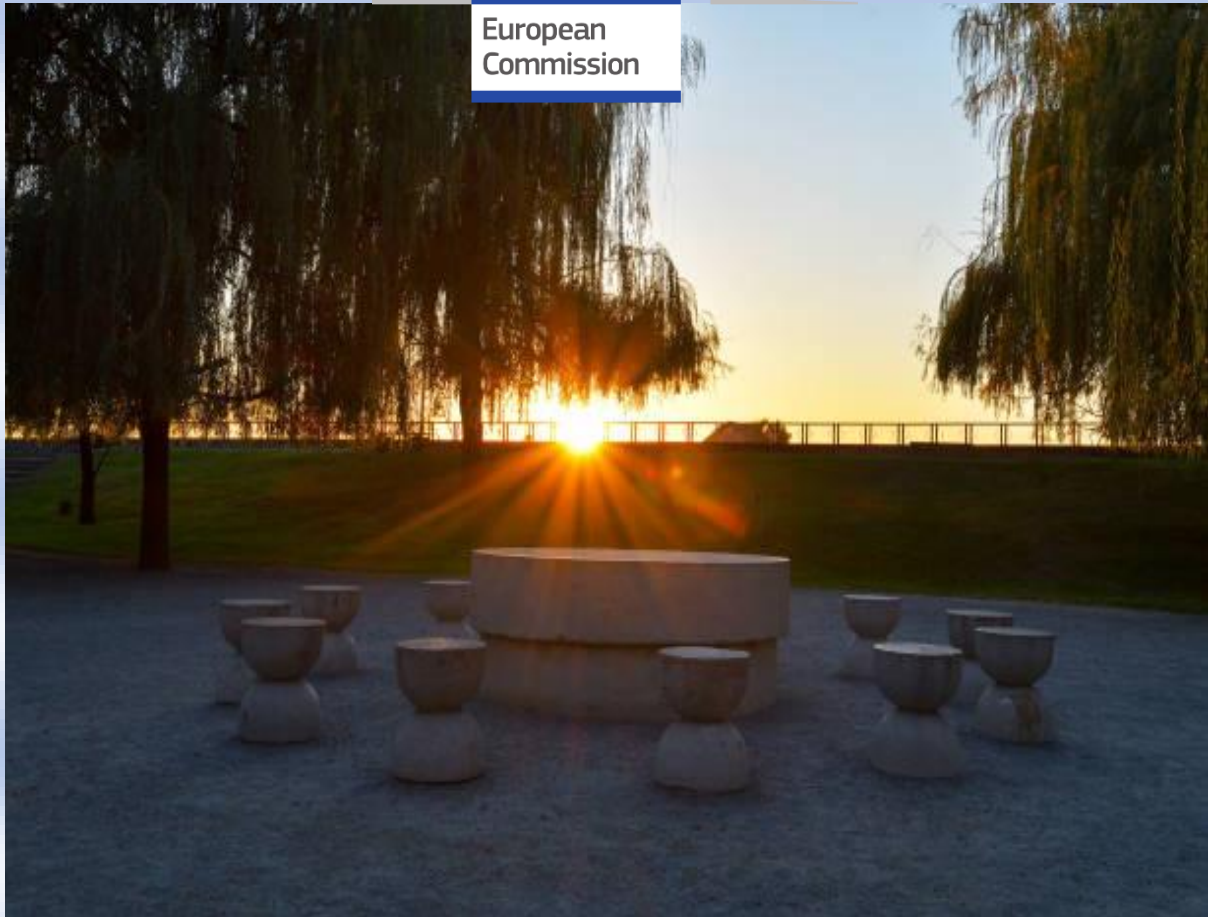




Stop Cybercrime and Cyberbullying

Erasmus+

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About this brochure

This brochure looks at the solutions identified by the participants of Erasmus+ project “Stop Cybercrime and Cyberbullying”, Targu Jiu, October 2021 to promote for a better understanding of risks associated to faster increase of cybercrime and cyberbullying among young people and youth workers.

The brochure is built as a stories collection. Stories are looking to clear the fog around an idealistic youth worker profile and to offer preventive solutions to decrease cybercrime and cyberbullying.

Skills for change

Jonas could never imagine how easily his life could change in a couple of seconds, but let's take everything from the beginning.

Jonas struggled with depression and isolated himself in his bedroom playing online-games for the whole day. This affected his social life and he lost most of his friends after a short period, so the feeling of loneliness and negative self-esteem was everything he was dealing with during his daily routine.

The game looked like it was his only way out but on the other hand he knew that he should change something in his life.

One of the many nights he was sitting and playing, suddenly a strong light came out of the screen and grabbed him. After a couple of minutes, he woke up feeling lost and he realised that he became a character of his own game. At the beginning he thought it was a dream and tried to find out how to wake up. Afterwards a sound came from his back and when he turned, he got shocked as all he saw was a shadow of himself frozen in front of the screen. That was the moment he knew he needed to take action if he wanted to return to his body in real life.

Jonas started walking in order to find his way out and he finally found a door and the moment he touched the door a screen appeared and at the same time everything on his back disappeared. On the screen there was a message saying the following:

"Hello Jonas,

As you already understood you are now part of the game.

I will be your assistant, Conscience, and in this journey, you will have to accomplish five tasks in order to return back to real life.

The tasks are:

1. Complete a quiz
2. Put together a puzzle
3. Create a small game for kids
4. Climb a wall within 30 seconds

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5. Make a team with other characters of the game to win against the monster of the last task.

After showing big effort Jonas accomplished all the tasks and through this adventure, he realised that all the used skills were already part of himself when he was just playing normally the game. He was already intelligent, dedicated, creative, active in brain and body and helpful. Moreover he became better on problem solving, and he felt that once he returns to his real life out of the game he is ready to leave his lonely life in his bedroom. He realized that he was dealing with mental disorder all this time and it was time for him to fight against it. That was the exact moment that everything around him in the digital world in the game broke into pieces and he returned in his body.

Since then Jonas took his life in his hands and decided that he have the abilities to help other young people who deal with similar issues. Now he is a positive, empathic, tolerant, open minded, full of energy person, something he tries to pass on to the youth he works with.

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Once upon a time there was a young girl who already started high school.

The difference between primary school and high school for her was using technology more often. She started to use computers, mobile phones, social media, etc. The internet became her whole world. She stopped having any relationships with other people in real life. She started to connect people she doesn't know from all around the world and she considered those people as friends. The more friends she had, the happier she became.

One day, Anna met someone called Mike and started to text with this person from Arctic Pole. She trusted him and she realized that she can't stop thinking about him. He sent his photos to her and she fell in love at first sight. After one month texting each other he invited her to visit him in Arctic Pole. So, Anna didn't hesitate about that and she bought a flight. She told her parents that she is leaving for a school trip because she knew that her family would say no.

After a few days she took the plane and went to the Arctic Pole. Both of them were very excited about the visit. Even though he said that he was going to be in the airport to meet her, there was nobody.

Anna was waiting for hours, and started to burst into tears when she realized that she had been fooled.

She was texting and calling him during the following days but nobody answered the phone.

She thought that was a nightmare, but the worst part was coming. When she came home, she received a lot of messages of her close friends realizing that a video of her was coming viral on the Internet.

She was so scared about that and decided to watch that video. She noticed that someone on the Arctic Pole airport was recording her while she was crying, and also, she could hear the voice of her "love" making fun of her. It was so embarrassing and also scary because the video had a lot of views and probably her parents were going to watch it and know that she lied them.

The comments on the video making fun of her became a waterfall. Everybody was posting devaluating things, like she was crying like a baby and even that the trick was so good.

She started to feel desperate and overwhelmed because of the situation. The video was on every platform and everyone in her high school watched it. In her class everyone was talking about that and gossiping.

She couldn't face all the bullying anymore so she decided to disappear forever. So one rainy, foggy and dark evening she walked towards the bridge of her city. She was almost falling down to the river when something pulls her back again. She was very confused at that moment but suddenly she realized that a dog had saved her life. The owner was a man that ran so fast towards her. He started to talk with Anna softly in order to calm her down and understand why she would do that.

Anna explained her situation to him while the dog was licking her all the time. He said that it can't be left and something must be done. He took her hand and promised her that he was going to find the solution.

Some days later, they met again and went to a Starbucks Coffee. There, they started to look for information together on his computer. He was actually good with technology and a lot of information started to appear suddenly.

They realized that the messages she received from Mike were sent from her city instead of the Artic Pole.

She was shocked because it was another trick to her. They realized that all messages contained one specific grammatical error, so they decided to go to her high school in order to discover the guilty. They asked all teachers for the done homework of all students and they were given because teachers knew the situation. Once Anna and her handsome hero, called Angelo, had the documents they started to check. Unfortunately, they weren't able to find the person they were looking for, so they decided to analyse the videos she received from Mike. After several hours focusing in the details, they found something shocking: there was a reflection!

They had to zoom in order to see the face of that person, but the quality was so bad that Anna couldn't recognize anybody. So, Angelo started to work with the screenshot and treat it in order to improve the contrasts. He was such a good editor that it didn't even take more than 30 minutes to him

to do it. When he finished and showed Anna the result, she screamed. The person who recorded the video was her I.T. teacher!!!!!!

Quickly, Anna and Angelo went with this information to the police and also to the institute, where everyone was surprised and the teacher was fired and arrested at that time. Furthermore, he would never be able to become a teacher again since now he had a criminal record that would impede him from working with young people again.

The police and the institute's teacher network would ensure that this situation would not be repeated, but Angelo was the one who really saved Anna. And he did it twice. The first one by preventing her from falling off the bridge that day, and the second one by solving the mystery that tormented her life and making her see the dangers that the internet hides.

Some years later, Anna became a computer engineer who would work in the government's cybersecurity department, thus destroying the most criminal gangs on the web.

THE END.

Are we good for you?

Today is a special day because Jose Luis is going to an important job interview:

1. Thank you for coming to see us for your interview today, Jose Luis. How are you today?
2. I'm fine thank you for asking, I'm so excited to be here.
3. Let's get started then. Can you please tell me a bit about yourself, Jose Luis?

Of course, I'm youth worker for about 10 years now. I like read, do sport and make volunteer at the Red Cross on my free time. I lived in the town since I was young, I went on a high school near my hometown. I have all my life here, family, friends... My friends would describe me as an honest, kind and full of empathy person. I think this so important for a youth worker because you can say that honest make trust. I truly believe both (empathy and kind) are necessary as one stands for the another.

Also, I am an active person, what makes me being curious and always looking new tools for being able to communicate myself better with the young people. Also, I try to motivate the students to be active as I am. That way, I try to motivate them to be autonomous, which increases the possibilities of knowing better themselves and the environment.

But for achieving that, I have to be patient, so young people need time to assimilate new things. That's why I try to understand them, encouraging them to tell me about their problems, that's why I am also a good-listener and I try to be open minded, so the current youth is facing with several social problems we didn't use to have, so I try to support them in any of the new things they can be passing through.

4. Thank you, I think you collect the things every youth worker should have, I like that. Why did you decide to work with teenagers?
5. When I was a teenager, I felt like no one really understood me. I felt like I was quite different from others. I used to feel socially awkward and I was pretty hopeful about letting people know how 'unique' I am.

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I needed someone and I hadn't, this is the reason why I want to be that person for young people.

6. I think you are the perfect person to join our team. I don't have much to say, I'll send you an email with all the information you need to know and welcome to our family. The world needs more people like you. Nice to meeting you.

Twilight Towns

Once upon a time there was a town named Kahisimehe was a young guy named Agapito.

He was nice, smart, charismatic, and also really social, so social that he was one of the favourites in town. Everyone in the town of Kahisimehe loved him. His morning routine was getting up, preparing some nice compliments to say to the people, and then go out of his house. Then Agapito went around town grading everyone and saying nice things to people he encountered on the road. "Hey Agapito really nice to see you" everyone said, "Hey Agapito, this bread is on the house" the baker said "Hey Agapito, thank you for helping me yesterday, said his neighbour" Agapito was loved in town but not everything is rose colour in the town of Kahisimehe, not even our precious Agapito.

You see Agapito was not that good behind the scenes, he had a lot of bad habits that people didn't know and one of his bad habits was especially bad. Agapito had a hobby and that was that when he was alone in his house he sat down at his table, grabbed a pen and paper and then started writing letters one after another, hours passed by writing letters for him it was so easy and fun that he didn't even feel the time pass. The bad thing wasn't that he wrote letters the bad thing was the content that the letters had. The letters were meant to be send to all people of Kahisimehe and inside the letters there were mean insults, so mean that some people were depressed for the comments that the letters had, comments about their appearance, comments about their way of thinking, comments laughing at for anything and this wasn't a onetime thing, this was regularly, in everyday bases. Who would've thought that the kind, nice, charismatic Agapito would do such a thing?

Every day the village was affected by the comments of Agapito but Agapito didn't realise it was that bad, for him it was really funny and as long as he wasn't hated he would be ok. Agapito wasn't the person he seemed, when he was in his house all along, he felt anonymous, he felt with power to hurt people. Agapito was really nice in person and he even was loved by the people of the village, they didn't know Agapito was their main cause of suffering, sometimes Agapito was so two-faced that he even

helped people affected by his own comments. The moral of the story is that when people are anonymous, they have the power to do anything to you, and maybe people in real life are different in private because they have the power of anonymity

Once upon a time there was a town named Chipotle where a young girl named Priscilla lived. Everyone loved her, but she had a really bad habit. She liked to scam people, but people didn't know it was her...

THE END

The Big Day

The morning alarm woke me up and added the usual rush to my day.

I was a bit nervous because today I had to present my project for the new “Hot place” for the youth. I had been working on it with my colleagues from the Youth Centre for several months and I was anxious about the results. Being a youth worker meant my university education was not enough in my everyday work with young people. The idea was to create a place for youngsters to gather together in a place where they feel well and feel it as their place. All young people coming to our Youth centre had given ideas and we, the more experienced people there had to develop it for approval and financing.

On my way to the centre, I went to pick up Maria in my car. She was 25 like me and we had been together at university. Then, somehow, we were seized with the idea to help young people and went on working together. Maria was tall, slim, with long brown hair, very positive, progressive, compassionate and knowledgeable. She liked my sense of humour and the ability to be a good listener.

7. Morning, Maria!
8. Hi, Nick! New shirt! You look worried.
9. I am nervous about the idea, project that's all.
10. We've done a good job, the young had so many great ideas. Besides, you are so friendly, educated and charismatic. Our success is guaranteed. Have you uploaded everything?
11. Yes, the plans, the sketches, the files, everything.
12. We can make it, Nick, we are a good team.

The presentation was in the green room. We used space for virtual presentation. Everyone presented a different aspect of the idea, we had fun and really enjoyed ourselves.

In the evening we received emails full of praise and approval. “The Hot Place” was about to exist! and I was about to invite Maria to dinner.



Once a upon a time...

Roger came back home from school disappointed, exhausted full of bad feelings about future. Overpowered by his negative thoughts he fell asleep. Next day he woke up early in the morning to go to work. He followed his routine bored without any expectations. He went out in the street following his steps full of thoughts in his mind, after a while he realized that something changed. Buildings looked different, he didn't hear any sound in the streets, there was nobody around. So, he went to his school but he discovered it was empty. Due to his curiosity, he embarked onto a crusade to discover what happened to people in his community.

While he was sitting on a bench trying to figure out what has happened and how did it happened, he sought comfort to his creative nature, he knew singing bring people together.

A couple of strangers approached him. They were lost as well, they didn't know what happened. Without having a second thought, he tried to explained what he knew so far and to reassure them that everything will be fine as long as they will cooperate and work toward their common goal.

They started talking, brainstorming and sharing ideas. They had different skills and knowledge they can use to gather people. So, they decided to organize a concert and to share the event on social media. It would have been the best, biggest concert the city has ever had by one of its teachers!

So, they started filming him and spreading this happening on social media using the fanciest of words! Slowly the crowd started to grow bigger, full of enthusiasm and started to sing with him.

The alarm started to ring. He woke up. He felt stronger than before and more optimistic for the future. He decided to change his life and help people around him to discover their own creative nature and to project themselves to the public for the general good.

Your trip, my trip

Once upon a time, there was a knight with her shiny armour, named Lucy, who wanted to be forever young. One day, she went to the lake of Wisdom to find the answers to her wishes. She wanted to drink water from the lake, but the water was contaminated with many lies, fake news and false information. So, she decided to explore knowledge in her own way. She knew a legend about an immortal man, Mr Wise, who has been keeping the secret about being forever young, in his cottage. The journey to finding Mr Wise started like this: While on the road, she came across some people in need. She helped them, by offering her competencies, such as kindness, empathy, creativity, caring, listening and understanding. In exchange, they gave her a map with directions to Mr Wise's place.

She overcame many obstacles, like the Bullying Mountain, the River of Hate Speech, the Bridge of Embarrassment and the Forest of Violence and when she became exhausted, she noticed from distance a small house that seemed to be Mr Wise's cottage.

When she arrived at the cottage, she knocked on the door. Mr Wise opened the door and Lucy told him what she was looking for. Mr Wise smiled and gently told her: "You have already discovered the secret of being forever young! You have the answer in your heart. If you wish to stay forever young, work as a youth worker with young people for the rest of your life. You have all the potential to do this, as far as you are kind, good-tempered, good listener, optimistic, patient, cheerful, understanding, reliable, brave and honest."

A princess purposes



Once upon a time in a faraway land called Candyland, there was a young princess that was living in a beautiful castle but she was alone and really lonely. Her name was Aurora.

Aurora didn't have siblings or cousins that could play with her. Her daily routine was every day the same: studying and helping her mother in her royal duties.



One day while she was looking out of the window, she saw many people of her age and she noticed that they were too shy to play together. Or at least this is what she thought. She soon realised that they all had different backgrounds (different skin colour, different nationalities, religions, social and economic

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status) and that was the reason why they were not spending time together.



That night she went to sleep thinking about what she saw and a great idea came to her mind. The next morning after finishing her royal duties and her music class, she put on her pink coat and grabbed her basket full of flowers and candies, and she ran to the main square.

She decided to talk to each one of the kids she saw the previous day.

First, she met Ferdinand, a 10-year-old boy from the enchanted forest. At first, he was really shy but then he started talking with Aurora and revealed himself to her. After a little while Aurora asked him: "Why don't you play with the other kids?". Ferdinand said that he had the impression they wouldn't like him because of his skin colour.

"I think your skin colour is as unique as you are. You should appreciate your uniqueness as they should. What talents do you have, Ferdinand?"

"I really enjoy playing guitar with my grandfather, and playing soccer of course" said Ferdinand.

"Now I really have to go, but I will be back soon. It was very nice to meet you, Ferdy, can I call you like that?"

"Yes, my family calls me Ferdy. See you soon, Aurora".

Aurora ran back to the castle with a huge smile printed on her lovely face. She felt happy and alive after a very long time.



After a couple of days, she went back to the square and after talking with Ferdy she decided to talk to the pretty little girl on the corner of the square.

"Hi there, I am Aurora. What is your name?"

"My name is Lilly, nice to meet you". Lilly was 7 years old and she was from the Greenlands, a very nice region surrounded by flowers and colourful birds. She moved to Candyland only a few months ago, after her father lost his job as a farmer, due to the mosquitos pandemic. Aurora asked Lilly the same question as Ferdy "Why don't you play with the other kids?". Her family didn't own a big house or had a fancy job so Lilly

felt the other kids and their families were judging her because of her social and economic status.

"You are a special little girl. Money do not define who you are but your kindness does. The other kids don't care about how much your family owns. Do you have any passion?"

"I love to sing and dance".

"You know what? Ferdie, that sweet kid that is looking at us, loves to play guitar so I am thinking that maybe you could dance or sing while he's playing the guitar. What do you think? Would you like it?"

"I'd love that"

"So come, I will introduce you".

They became immediately good friends. They spent the entire afternoon singing and dancing together.

The following day she met Iris, a teenager from the Dark Valley, a nice town in the North of the region where there is very little sunlight,

that's why her family moved to Candyland a year ago.

Iris also had a little brother called Max. He was always at home because his eyes couldn't stand the sunlight.

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When Aurora heard about him, she immediately felt the need to help him.

She remembered that her grandfather invented magical glasses to protect the eyes from the sun. Aurora and Iris ran to the castle to grab the glasses.

While they were coming back, they met Ferdy and Lilly so they stopped and explained to them what they were about to do.

“Can we come with you? We really want to help” asked Ferdy.

“Of course, come with us to my house. My brother will be really happy to meet new kids.” said Iris.

Once they arrived at her place, they found Max sitting in the corner of the living room hiding from the daily light.

“Max, it’s me Iris. I am here with some new friends. Come close to us, don’t be shy”

“Hi Max, my name is Aurora. Iris told me you have some trouble with the sunlight, right?”

“Yes. Since I was 3, I haven’t been able to leave the house during the day. We don’t know the reason why my eyes start burning if they’re exposed to the sunlight so we decided that it was better for me to spend the day inside”

“Why did you move here? Wasn’t it better for Max to stay in the Dark Valley?”

“Yes, it was, but my mother and I have the opposite problem. We need to be outside as much as we can as we have a vitamin D deficiency. My mum is already very sick so my father had to take the harsh decision of coming here. He tries to find a way to help Max every single day.”

“Max, I have a surprise for you. When my grandfather was a teenager, he loved science and magic. One day he decided that he wanted to look at the sun from the top of the mountain, so I invented a pair of magic glasses. With these glasses you can look at the sun without feeling any pain.

He gave them to me but I decided to give them to you. It is a nice memory but I don't really need them, but you do.”

Max couldn't believe his eyes. He started crying and hugging his new friends”.

“Why don't you try them on?”

Max put the glasses on and went outside.

“My eyes don't hurt anymore. I can play with the other kids and feel finally normal”

“You have always been a normal kid Max. You are an amazing brother and friend. Remember that!”

Aurora, Ferdy, Lilly, Iris and Max decided to meet in the afternoon after school. They became best friends in a very short time.

The other kids of the village, seeing how happy the new friends were, decided to approach them.

The kids of Candyland finally found their happiness.

Ufi



Once upon a time we met a very strange creature in Targu Jiu city, Romania. It was so unusual that we became interested.

-What are you, dear? - we asked.

-Oh, don't you really recognize me? I am Ufi, you should know, I am an ideal youth worker.

-Really? Why do you consider yourself to be ideal?

-Look at me! - said Ufi with a friendly voice- I've got six hands and the amount of them is not limited.

-Oh, now we can see and you have got something in each hand: brain, a clock, a bus, a laptop, a lamp and a picture of 2 people. What do all these mean?

-These are skills that an ideal youth worker should have. The brain symbolizes a critical thinking skill, the clock is a planning skill and time-management, the bus is a metaphor of being mobile and ready to move, then the lamp means you are creative and imaginative, also open to new ideas. Moreover, you can see a laptop in one of my hands. That is a digital skill,

without which you can't do anything. The picture of two speaking people symbolizes communicative and social skills.

-Strange enough, we've got all the same skills but only 2 hands.

-Well, now I've realized that it doesn't matter how many hands you've got and how you differ from others. It's important to use your skills with your huge open heart.

-Well and the last question. Why are you walking barefoot?

-Nobody's perfect.

Cyber safety

Jose Luis, besides from teaching, he's a volunteer at the Red Cross too.

One day, Jan Kowalski, an elder person who goes to the Red Cross, asked him a question about a strange message he received last night on his cell phone.

On the message, there was a link he had to click to set an appointment for getting vaccinated. But he already was vaccinated, so he didn't know if it was a fake message.

Then Jose Luis found out that Jan wasn't the only person who was in the same complicated situation.

Jose Luis was looking for a way for solving this problem with elder people. That's why he proposed to make a course based on how to deal with these situations.

So that's what he did. As a result of his investigation, he had cleared the basic things he wanted to show to the elder people:

1. Don't reply suspicious messages;
- 2; Don't click links that you do not know;
- 3; Don't provide any private information;
- 4; If you notice unusual changes, change your password;
5. Ignore if it contrasts with the official information.

Thanks to the efforts of Jose Luis, now elder people are able to manage the situations that used to happen.

Bully

One day, Sezen Aksu, a student of Jose Luis, got a message with a fake conversation about her on Instagram and she was shocked with that. In the photoshoped conversation someone who was pretending to be her was talking about a private thing.

She decided to look for help so she talked about it to her parents, who later called her teacher. Jose Luis decided to set a meeting with her parents and Sezen Aksu because he wanted to talk about this situation. The teacher told Sezen's parents that he will solve the problem by himself – without the police.

After the meeting he decided to make another one with the students. In this meeting Sezen talk about what she felt when she saw the message for the first time and then other students started to speak about similar situations that happened to them. So, Jose Luis decided to talk about the importance of not to share private information on Internet and the legal consequences that this can have.

This experience made all the students of Jose Luis grow up closer and they understood better the relevance of not spreading fake information about other people. Thanks to this meeting, the person who published the conversation decided to confess it was her and apologized. She deleted the conversation immediately and learned she didn't have to do it.

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